Dual Emotions

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Agenda



- Welcome
- Purpose of PeaceLove Foundation
- ■Ice Breaker
- Understanding Dual Emotions



Dual Emotions Project



- How to become a CREATOR through PeaceLove Foundation:
 - https://peacelove.org/creators/.
- During the Dual Emotions virtual experience we will focus on exploring and validating your feelings. Whatever you are feeling is ok. We will explore the relationship between the different emotions experienced at once (https://peacelove.org/creators/)