VERY DIFFERENT VOICES:

Celebrating the Diversity of Perspective in Sexual Violence Prevention

> David S. Prescott Robin J. Wilson 2016

> > Welcome!

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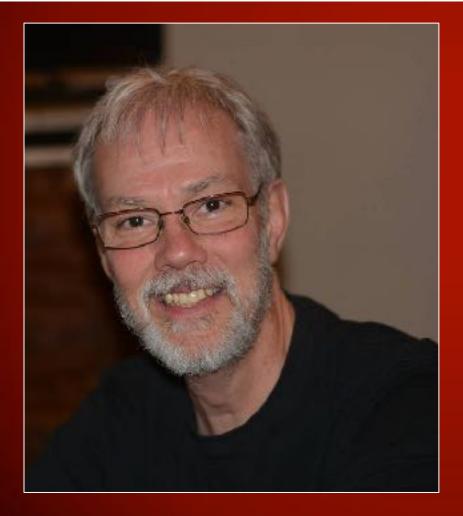
Very Different Voices: Perspectives and Case Studies in

Treating Sexual Aggression

David S. Prescott and Robin J. Wilson



Who We Are





Focus

- Background Information
 - Perspectives on RNR
- Case Formulation
- Specific cases
 - Robin on

Take Home Messages

- What you do matters
- What you do works
- Follow the research
- Be data driven
- Beware of false advertising
- Always keep the big picture in mind





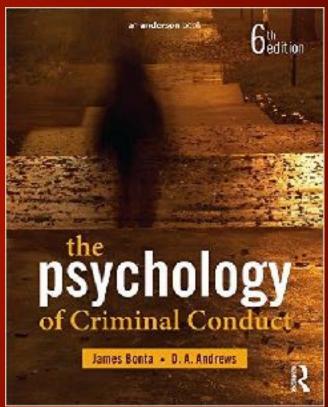
Background Information



Bonta & Andrews (2016)

Three Principles:

- Risk
- Need
- Responsivity



From The Psychology of Criminal Conduct, 6th ed.

Principles of RNR Model



(Bonta & Andrews, 2016)



Environmental/Situational Elements + Personal Elements

Risk

Dynamic Risk Factors aka Criminogenic Needs

- Deviant sexual interest/preference
- Antisocial orientation
- Significant social influences
- Intimacy deficits
- Sexual self-regulation
- Offense-supportive attitudes
- Cooperation with supervision
- General self-regulation

Effective Programs

RESPONSIVITY principle

- effective programs are those which are responsive to offender characteristics
 - cognitive abilities
 - maturity
 - motivation
 - mode of intervention
 - scheduling concerns



The Rise of Strength-based Approaches

- Traditionally, our work with clients has focused on what's going wrong and how likely it is that bad behaviors will persist
- We're currently seeing a shift influenced by positive psychology and strength-based approaches – that calls on us to identify what's going right and how likely it is that clients will desist if we provide them with support, resources, and meaningful accountability frameworks

Case Formulation/Conceptualization

- Starts with assessment and fact-gathering
- Aided by functional analysis of the behavior in question
 - What was the client trying to achieve?
 - Is the goal intact, with problematic means?
 - Are the means intact, but the goal is problematic?
- How can we assist the client in meeting his needs without causing problems?
- Individualized approaches are best



Very Different Voices



Authors



























Johnny: A case of de Clérambault's Syndrome



de Clérambault's Syndrome

- More commonly known as Erotomanic Fixation
- Case study:
 - Male offender in institutional setting
 - Fixated on female staff member (not his first time)
 - Approached in multidisciplinary fashion
 - Security for safety
 - Clinical for ongoing focus on sexually inappropriate conduct
 - Psychiatry for compulsiveness and libido control



Motivational Interviewing with a Diaper Fetish



The Core Difference

- Partnership
- Acceptance
- Compassion
- Evocation

Specific Skills

- Reserving judgment
- Compassion
 - Empathy + Intention
 - Generally sex-positive outlook
- Rejecting the "righting reflex"
- OARS micro-skills
- Elaborating "change talk" ("Tell me more!")

The Power of Collaboration

- Assembling of different perspectives
- Working together brings out the best in each participant
- Sharing feels good



Implications for Professionals



Beware False Advertising

- The most effective part of a given model may not be "new"
- The most interesting part of a new model may not be what makes it effective
- There is more difference between the best and worst therapists *within* models/approaches than there is between them!
- The most impactful part of the equation is you



Implications for Research



What, Who, Why

- We know a lot about what works with whom
- We know less about "who works" and "how it works"
- It's important to remember that as much as we can help people get better, we can also make them worse



Implications for Society



The Safest Sex Offender

- Stable
- Occupied
- Accountable to others
- Plans for the future
- Everything to lose by repeating past behavior

Contact

David S. Prescott, LICSW

Director of Professional Development and Quality Improvement

Becket Family of Services VTPrescott@Earthlink.net www.davidprescott.net

Robin J. Wilson, PhD, ABPP

Wilson Psychological Services LLC

Department of Psychiatry & Behavioural Neuroscience

McMaster University dr.wilsonrj@verizon.net www.robinjwilson.com

