



## Making It Real

An on-line course for implementing trauma-informed care in child serving programs

Are you losing sleep at night concerned that your program is not offering the best possible treatment to your clients? Do you at times feel overwhelmed by team dynamics and negativity? Are you sure that you are developing your staff and providing a rewarding workplace? Do you experience too much staff turnover? At times does your work consist of unreasonable demands, lack of validation and not feeling appreciated? And you are not sure you know how to help? Have you tried to implement trauma-informed care, but feel unsure as to whether it is really part of everything you do?

Does your team struggle with collaboration, get discouraged, divide into segments, blame each other, and polarize in decision making? Do you have difficulty finding time for training and refreshers to keep the trauma-informed approach alive?

### Making It Real is For You!

### This course covers:

- Planning
- Measuring and Communicating
- Planning Your Training
- The Therapeutic Milieu
- Developing a Trauma-Informed Staff
- Enhancing Clinical Skills
- Behavior Management
- Trauma-Informed Work with Families
- Vicarious Traumatization
- Policies and Procedures
- Trauma Specific Interventions
- Celebrating and Sustaining

**Patricia Wilcox, LCSW**, author of **Trauma-Informed Care: The Restorative Approach**, of the **Traumatic Stress Institute of Klingberg Family Centers** is proud to offer an online course designed to help child-serving agencies implement trauma-informed care into every aspect of the daily workings of child treatment programs.

**Making It Real** is a unique course-- there is nothing else like it.

It is NOT a course in which individuals go through the course and get some new knowledge about trauma and how it affects the brain. Those courses are very valuable. But that's not what this is.

Making It Real is a course for a **TEAM** to **IMPROVE ITS TREATMENT PROGRAM**.

As a team, you work through it together using the implementation guides. You learn from the videos. The resources increase your options and possibilities.

Every implementation plan starts with exploration and discussion for the team. Then, the team makes a plan, describes the action steps, decides who will take the lead, and sets a review date.

**Then the team takes action!**

There is power in thinking and the discussion. In action there is **super power**. You can change what you do. Your treatment becomes more effective, produces better results, and you have more satisfied and fulfilled employees.

### Limited Time Introductory Pricing

For more information and a free gift visit:

[www.trauma-informed-care.org](http://www.trauma-informed-care.org)

