



# The Impact of Pornography on Children, Youth & Culture



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# Goals

- ❑ Clarify definitions
- ❑ Identify 3 areas where research shows harm
- ❑ Articulate importance of changing the conversation related to porn



# Story of Self; Story of Us

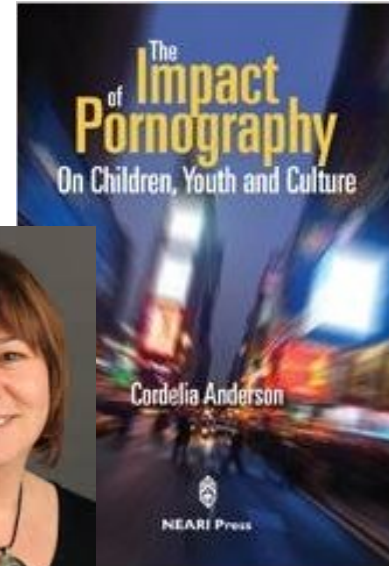
## ▶ My Story



Correctional  
Services MN SO  
Trtmt Study  
HCOA-CSAP

'70's

home



Since 1976 CSA/EP & SVP

[www.cordeliaanderson.crg](http://www.cordeliaanderson.crg)

- ▶ There has always been pornography, but there has not always been a porn industry.

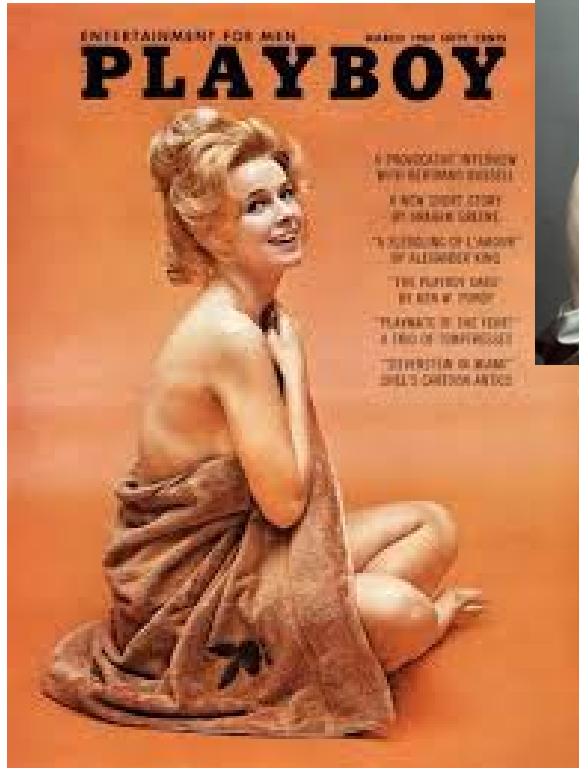


the corporatization of  
pornography has happened

*(Pornland* MEF Video featuring Gail Dines, 2014)

\*\*\*\*\* We don't all agree on what's "sexy" or not, or what's harmful or not

# Times have changed:



1953



Google



- ▶ Yesterday's porn is today's mainstream media
- ▶ Porn Industry is the countries main “sex” educator of young people
- ▶ Research shows a range of harm
  - **We need to know what they are learning & how to counter it**



“The early and pervasive exposure to Internet pornography (among children and youth) is the largest unregulated social experiment I’m aware of. We don’t know what the effects will be.”



Michael Seto, Ph.D., C.Psych.

Director, Forensic Rehab Research,  
Royal Ottawa Health Care Group





- ▶ **Porn**

  - 393,000,000 results (0.24 seconds)**

- ▶ **Teen Porn**

  - 128,000,000 results (0.26 seconds)**  
**(increase of 215% in searches)**

- ▶ **Healthy Sexuality**

  - 55,600,000 results (0.44 seconds)**

12/17/15



# Defining Pornography



# Content: Sex or Violence?

- ▶ Bridges et al 2010



# Impact on Children & Youth





- ▶ Can early exposure and use of pornography predict future behaviors?



# Ybarra, Mitchell, 2013



3 in 4 teens attempted  
or completed  
sexually abusive acts  
*within context  
of romantic  
relationships;*



# UK study, BM Journal Open, 2014



- ▶ Findings: heterosexual anal sex if not practiced–talked about/expected; (16–18 Y/O)

<http://bmjopen.bmj.com/content/4/8/e004996.full>

▶ From:



- ▶ To **sexting**
- ▶ **Money shots**
  - **Gag, Body Altering, Pain**
- ▶ NOVELTY; *clickability*



- Pornhub, youporn, redtube, porn.com;

▶ When boys start having sex they imagine porn; their dream is that *girls can take it* all and *boys can have their way* with girls

young male in *Porn, Love & Sex*,  
Australia Video





# Second Hand Pornography: World Vision Study Cambodian Children, 2006



- ▶ Pornography has a strong impact on the behaviors of children who view it AND on other children as well

<http://www.worldvision.org.kh/reportdet.aspx?id=3>

# Impact on Adults

- ▶ Intimacy
- ▶ ED, Sexual template
- ▶ Gendered Expectations
- ▶ Imagination
- ▶ Desensitized to what parents deem appropriate for children/youth



# Your Brain On Porn

Gary Wilson  
ebook, 2014  
& Ted Talks



# Impact on Culture



- ▶ *“The girls these days seem to come to the set porn ready”*

(Joanna Angel)

- ▶ *“The culture did a lot of the grooming for me”*

(convicted sex offender)



# Industry grooms men



- ▶ At its core the industry is men manipulating the sexuality of other men for profit.
- ▶ The job of those who profit is to control the flow of traffic and the traffic is men. (Jennifer Johnson, PhD)

# Pornified Culture: Normalization = What is wrong with you if you don't want it?



# Have you heard?

“Right out of a porn movie” ....increasingly cases, sexual behaviors or expectations and looks



# Recognize Impact is Hazardous as we know it is on Professionals

- ▶ Toxic exposure is noted to be traumatic
- ▶ Occupational hazard of such work



# Actions:



- ▶ UK Filters: Opt In, Instead of Opt Out
- ▶ Porn not offered as an amenity
- ▶ Iceland: Equality in constitution so gender, equity/civil rights
- ▶ Public health frame and response
- ▶ Change the Image/Reframe

# FIGHT THE NEW DRUG

EDUCATING ON THE HARMFUL EFFECTS OF PORNOGRAPHY



# Watch for NEW, free on-line parents program



# Counter with “Reframe” Images





# Revolution with Heart for a Collective Change **of** Heart

